

REVELATION APEX JUNIOR QUILT

SIZING GUIDE

Know where to measure:

1 Height From the top of your head to the bottom of your foot.

2 Girth Around the widest part of your body, including your arms. Keep your arms loosely around your sides as you measure, keeping in mind your usual sleeping position.

3 Sleeping Patterns

* Stomach sleepers should add 4" - 5" to their height

* Active sleepers should add 4" - 5" to their girth

* If your body temperature is typically colder during sleep, consider ordering a quilt rated 10° lower than you are expecting

HEIGHT*/GIRTH**	50" & under 127 cm & under	48" - 56" 122 cm - 142 cm
	5' & under 152 cm & under	Regular Wide

For finished garment measurements and weight information please visit our detailed [sizing and specs page](#).